

Children, Young People, and Families 2nd Annual Conference

Improving Support Systems for Child Health

Organised by the Institute for Health Research at Liverpool John Moores University

Thursday 23rd May 2024, Liverpool, UK

0900-0930 REGISTRATION AND COFFEE

0930-1015 Introduction and keynote 1

Welcome | *Dr Lawrence Foweather & Dr Emma Ashworth*

Keynote: Developing a whole system approach to adolescent risk behaviours | *Prof Harry Sumnall*

1015-1115 Session 1: Health risk behaviours

Evaluating interventions to support children & parents with a family member in prison | *Dr Jane Harris*

The experiences of young people impacted by parental imprisonment in relation to their parents' crime being reported in the press | *Dr Lorna Brookes & Tom McCooey*

Child/adolescent to parent violence and abuse | *Rebecca Bates*

Evaluation of Mentors in Violence Prevention | *Nadia Butler*

An exploration of early years education provision in the secure estate | *Dr Diahann Gallard*

Maternal Alcohol Reduction Interventions (MARI): Coproducing support for women to improve health and reduce alcohol harm | *Dr Abi Rose*

1115-1135 COFFEE BREAK

1135-1300 Session 2: Health behaviours and outcomes

The breast bottle in the world? Exploring the advertising of bottles and teats to breastfeeding mothers | *Dr Clare Maxwell & Dr Kathryn Bould*

An exploration of a pilot perinatal mental health social prescribing pathway in the Northwest of England | *Beccy Harrison & Chloe Smith*

Access to CAMHS for autistic children & young people experiencing mental health difficulties | *Dr Emma Ashworth*

MAPSS: Evaluating a school-based suicide prevention programme | *Dr Molly McCarthy*

The effects of autistic traits in adolescents on the efficacy of paediatric pain management | *Dr Dave Moore*

Supporting children and young people to swallow pills | *Dr Alice McCloskey*

Living with complex congenital heart disease: Exploring the experiences of adolescents and parents - a qualitative enquiry | *Laura Kinsey*

The physical literacy consensus for England | *Dr Lawrence Foweather*

1300-1350 LUNCH AND NETWORKING

1350-1450 Breakout workshops (choose one from A or B)

A

Implementing and evaluating social prescribing in CAMHS
Dr Emma Ashworth (LJMU), Kate Jameson & a young person (Community at Nature)
This workshop showcases a partnership between LJMU academics and Community By Nature, a Liverpool charity improving health, wellbeing, resilience and life chances for deprived communities. Learn about their forest school programme for at-risk youth and LJMU's evaluation of its impact. The charity's CEO, Kate Jameson and a young person who has engaged with programme will share an overview of the community outdoor learning and support intervention. Dr. Emma Ashworth will discuss the intervention's potential benefits on young people's health and wellbeing.

B

Promoting healthy weight in children and young people – why talking matters
Dr Paula Watson (Made up to Move), Michael Viggars & Nicola Calder (Health Equalities Group)
This interactive workshop will draw on content from the "Why Weight To Talk?" and "HealthyWEY" training programmes. Delegates will reflect on the barriers to, and the importance of, open empathic communication in promoting healthy weight in children and young people. We will first consider the complexities of child weight and why this is important to understand in framing conversations, before sharing practical strategies for fostering motivation when talking 1-to-1 with parents and carers.

1450-1500 CLOSING

ABOUT THIS EVENT

THE TOPIC: This event aims to focus on evidence-led research and practice in supporting the health of children, young people, and families.

THE ORGANISERS: The meeting is being organised by Dr Lawrence Foweather and Dr Emma Ashworth, who jointly lead the children, young people and families interest group within the Institute for Health Research at Liverpool John Moores University.

THE AMBITION: The meeting aims to bring together partners and key stakeholders in Liverpool City Region to showcase our latest research and foster new research ideas and collaborative action in addressing child health inequalities.

THE PROGRAMME: The meeting aims to bring together partners and key stakeholders in the North West to showcase our latest research with regional partners and share experiences with the view to promoting collaborative action in addressing child health inequalities.

THE VENUE: [Student Life Building, Copperas Hill, Liverpool John Moores University](#), Liverpool, L3 5GE. The venue is within walking distance of [Liverpool Lime Street Train Station](#). Paid car parking is nearby (5 minute walk) at [Mount Pleasant Car Park](#).

WHO SHOULD ATTEND: The meeting will be relevant to representatives from academia, industry, the public sector and the third sector that have an interest in children, young people and family health and well-being. This may include researchers, public health professionals, clinicians and health care professionals, policy-makers, health specialists, educators, community and business leaders, psychologists, and behavioural scientists.

REGISTRATION: <https://buyonline.ljmu.ac.uk/conferences-and-events/ljmu/conferences/institute-for-health-research-children-young-people-and-families-conference>.

We can provide you with a certificate of attendance after the conference if desired for CPD purposes. Please email CYPFconference@ljmu.ac.uk to request a certificate.

Discover more about our children young people and families research group <https://www.ljmu.ac.uk/research/centres-and-institutes/institute-of-health-research/expertise/childrens-health>