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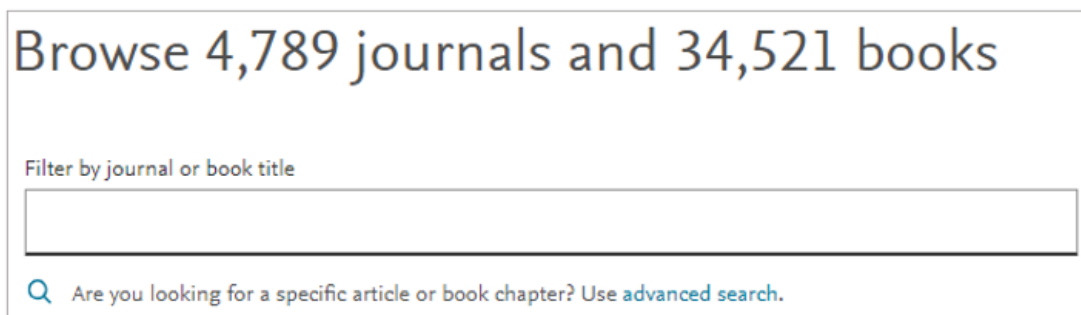
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Searching

The default screen searches journal titles and books, to search for articles select the **advanced search** link under the search box. Advanced search is the recommended option for searching and allows you use one or more fields to create complex searches with the ability to focus searches by limiting them, for example: words in article title or abstract. You do not have to complete all the fields to perform a search.



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Search Tips

Boolean Operators

Boolean search operators: **AND**, **OR** and **NOT**, link your keywords together and enable you to search more effectively:

- The term **AND**, will narrow a search to only find records which contain all search terms, for example: nursing **AND** paediatric
- The term **OR**, will widen a search to find records containing any of your alternative search terms, but not necessarily all, for example: kidney **OR** renal
- The term **NOT**, excludes part of a topic or specific terms from a search, for example: cancer **NOT** malignant

Find articles with these terms

omega 3 AND diabetes

Exact word or phrases

You can search for a phrase of two or more words by surrounding it with quotation marks. Punctuation is ignored and plurals are also captured, for example: “**heart attack**” will also find “**heart-attack**,” “**heart attacks**” and “**heart-attacks**”

Truncation, Wildcards, Spelling

Wildcards do not work and are ignored when searching. Both British and American spelling variants are retrieved, for example: a search for behaviour will find behaviour and behaviour.

Truncation symbols are not necessary, the search will automatically look for different endings, for example: Behave will retrieve behave, behaviour, behaviours and behavioural.

Alternative Search Terms

If you are struggling to find information on a given topic – try changing your search terms to include alternative keywords, for example: a mobile device could also be referred to as smartphone or tablet

Search Limits

You can limit where the search is performed such as **Title, abstract** or **author specified keywords**, to see all the options select **Show all fields**.

Displaying Results

The results are displayed by publication date, but you can also sort by relevance. Each page has 25 records – you can change the number using the option at the bottom of the screen. Your search terms will appear in search box at the top of the results. Selecting **Advanced search** takes you back to the search screen and you can modify your search. Select **Cancel** to clear the search boxes.

Results can be citations, full text articles, document summaries or abstracts with additional options such as:

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- **Download PDF:** allows you to view the article exactly as it appears in the journal
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 Nutrition, 6 July 2023
 Akinori Hara, Hiromasa Tsujiguchi, ... Hiroyuki Nakamura
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Advances in Nutrition
 Volume 14, Issue 4, July 2023, Pages 629-636

Review

Effect of Omega-3 Polyunsaturated Fatty Acids on Cardiovascular Outcomes in Patients with Diabetes: A Meta-analysis of Randomized Controlled Trials

[Linlin Huang](#)^{1 2 3 †}, [Fanjie Zhang](#)^{1 2 3 †}, [Ping Xu](#)^{1 2}, [Yijie Zhou](#)^{1 2}, [Yijun Liu](#)^{1 2}, [Hongdie Zhang](#)^{1 2}, [Xiaozhen Tan](#)^{1 2 3}, [Xinxu Ge](#)^{1 3}, [Yong Xu](#)^{2 3}, [Man Guo](#)^{1 2} , [Yang Long](#)^{1 2 3 4}

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