

# Resources for Counselling

**Contact details for further help are at the end of this guide.**

The resources in this guide will help you learn more about your subject. The best place to start your search is **Discover**, which provides you with easy access to thousands of books, eBooks, journal articles and much more. You can access Discover and other key resources via the Library website, LJMU student homepage and MyLJMU portal.

Remember, your modules also have reading lists in Canvas with links to recommended books, eBooks, journal articles and other subject resources.

## Books and eBooks

There is an extensive collection of books and eBooks on all aspects of Counselling. You can browse what is available in your subject area or look for specific titles by searching **Discover**.

- Go to **Discover**, if prompted, **Sign in** with your **LJMU username@ljmu.ac.uk** and **password**
- Type a book title or keywords and select the search icon
- From the results screen, you can filter your results by selecting **Books**
- Select a book title to see more details and availability
- eBooks will have links to view online
- Print books will show number of copies and location

Print books have a class number and are organised numerically by that number on the shelves. Common class numbers are shown below:

Child & Adolescent Mental Health	362.2083
Child Psychology	155.4
Counselling	158.3/361.06
Dementia	616.83
Drug Abuse	302.29
Interpersonal Skills	610.730699
Medical Ethics	174.2
Mental Health	362.2
Mental Health Law	344.044

Mental Health Policy	362.20941
Nursing Research	610.73072
Personality Disorders	616.858
Psychiatry	616.89
Psychology	150
Psychotherapy	616.8914
Research Methods (General)	004.42
Schizophrenia	616.898
Social Policy	361.61

## Journals

Journals are published on a regular basis and contain up-to-date information. Journals contain articles focussing on specific topics written by subject specialists.

To find individual journal titles on your subject area:

- Go to **Discover**, if prompted, **Sign in** with your **LJMU username@ljmu.ac.uk** and **password**
- Select the **Journals** option
- Type a journal title you wish to access and select the search icon
- Select a journal title to see more details and availability
- eJournals will have links to view online
- Print journals will show number of issues and location

## Databases

You can search for journal articles using **Discover** or via individual databases. There are different types of databases. For example:

- **Full-text databases** provide access to full-text information such as journal articles, reports, book chapters, newspaper articles ...
- **Abstracting and Indexing Databases** are searchable indexes, you can view the abstract or summary for each resource. If full-text is available follow the link, if not you can request an interlibrary loan.

To access a database:

- Go to **Discover**, if prompted, **Sign in** with your **LJMU username@ljmu.ac.uk** and **password**
- Select the **Databases** option
- Select **Counselling** to see suggested databases or type the name of the database in the search box and select the **search icon**
- Select the database title to see more details and note any log-in requirements
- Select the database link

## Academic Full-text Databases

The databases below are listed in alphabetical order / preference order.

### CINAHL Ultimate

A leading database, which provides access to the cumulative index to nursing and allied health literature. The index contains over 7.6 million records (from 1937+) from high-quality nursing journals and publications, health care books, conference proceedings, standards of practice, and more. Coverage includes nursing, biomedical science, health sciences, complementary and alternative medicine, evidence-based medicine and allied health disciplines.

### Community Care Inform (Adult)

Provides access to reliable and up to date practice related information to help health and social care professionals working with disabled and older people make and evidence their decisions and assessments. Content is compiled by sector experts (academics and practitioners) and includes guides, key documents, case law, legislation and research.

### Community Care Inform (Child)

Provides access to reliable and up to date practice related information to help health and social care professionals working with children and families to make and evidence their decisions and assessments. Content is compiled by sector experts (academics and practitioners) and includes guides, key documents, case law, legislation and research.

### ProQuest Central

Provides access to databases across all major subject areas and includes thousands of full-text scholarly journals, trade and professional titles, newspapers, magazines, dissertations, working papers, case studies, and market reports.

### PsycArticles

Full text access to peer reviewed articles published by the American Psychological Association

### Sage Journals

A multidisciplinary database providing access to quality, peer-reviewed journals published by Sage.

### Science Direct

The world's leading source for scientific, technical, and medical research. It is a multidisciplinary database, which provides full-text access to more than 16 million references from over 2,500 high-quality journals and over 39,000 books and major reference works. Digital archive dates back to 1823

### Taylor & Francis Online

A multidisciplinary database providing full-text access to quality, peer-reviewed journals published by Taylor & Francis, Routledge and Psychology Press.

### Wiley Online Library

A multidisciplinary database providing access to over 4 million articles from 1,600 journals, online book chapters and eBooks published by Wiley.

### Academic Abstracting and Indexing Databases

The databases below are listed in alphabetical order / preference order.

#### Medline

An authoritative collection of medicine, life sciences, health and biomedical research provided by the US National Library of Medicine. It contains 31 million references from 5,200 international scholarly journals dated from 1946 and content is updated daily. Medline also offers an alternative method of searching via MeSH (Medical Subject Headings).

#### PsycInfo

An abstracting and indexing database from the American Psychological Association that provides access to journal articles, books, book chapters and dissertations in core psychology disciplines, behavioural sciences and mental health. Coverage is from the 1800s to the present and content is updated weekly.

#### Scopus

Multidisciplinary abstract and citation database of peer-reviewed literature: journals, books and conference proceedings, many with links to full text

#### Web of Science

A powerful research platform and global citation index including over 161 million records for books, peer-reviewed scholarly journals, and conference proceedings across 254 disciplines. It includes access to the Arts and Humanities Citation Index (1975 to the present), Science Citation Index Expanded (1970 to the present), Social Sciences Citation Index Expanded (1970 to the

present). It also contains citation data e.g. journal impact factors and h-index to help you identify quality research.

You can check if LJMU has access to full-text by clicking on the **Full Text** icon within the database, this will check our other collections and direct you to any available full-text.

**Statistics databases** offer statistical evidence and reports including social and economic data. The databases below are listed in alphabetical order / preference order.

### Statista

Provides access to statistics, studies and reports on countries, industries and consumer markets. It has global coverage

### UK Data Service

The UK's largest collection of social, economic and population data resource, including UK census data and government funded surveys as well as qualitative and business data

### Recordings of TV and Radio Programmes

#### BoB (Box of Broadcasts)

Provides access to an archive of over one million TV and radio programmes from 2007 onwards, including all the main free-to-air TV channels. You can link, make short clips and playlists of content. Provides streaming access to over 25,000 films, documentaries and educational videos. New content added every month.

## Websites

The content of websites is unregulated. Therefore, it is important that you check the quality and accuracy of information on the internet to ensure that it is reliable, accurate and of an academic standard. There are selected websites or search engines that you can use to help find appropriate information online, for example Google Scholar. If you find details for a relevant resource on the internet, you can check if LJMU has full-text access.

## Further Help

The Academic Engagement Librarian for the School of Psychology is:

Carolyn Benny      [c.m.benny@ljmu.ac.uk](mailto:c.m.benny@ljmu.ac.uk)

Please contact her to arrange a one-to-one appointment.

Guide by: Carolyn Benny      Updated: August 2024